

NAME: Katharine Kolcaba, PhD, RN

84 Hall St.

Chagrin Falls, OH 44022

kathykolcaba@yahoo.com

440-655-2098

Permission to publish or videotape: YES

OCCUPATION: Associate Professor, Emeritus, The University of Akron, College of Nursing; Adjunct Faculty, Ursuline College, Breen School of Nursing; Self-employed @ *Comfort Line*

EDUCATION:	PhD.	CWRU	Cleve, OH	1997
	RN – MSN	CWRU	Cleve, OH	1987
	RN	S. Luke’s Hospital		1965

CAREER HISTORY (past 25 years):

St. Paul’s (Cleveland) Parish Nurse	Volunteer 1 mornings per week	2016-present
Comfort Line, Inc.	Consultant, Owner Invited Presenter	2005 – present
Ursuline College and Kent State University	Part time teacher and Guest lecturer	1/09 - 2014
The University of Akron, College of Nursing	Professor, researcher, theorist;	8/87 – 12/08
Eldercare Coordinators	Case Manager, part-time	5/95 – 1/05
University Hospitals of Cleveland, ACE Unit	Staff Nurse-PRN	5/91 - 5/95
Margaret Wagner House Cleveland Heights, Ohio	Faculty Practice/ Staff Nurse	6/9/87 - 3/91
Margaret Wagner House Cleveland Heights, Ohio	Head Nurse - Dementia Unit	3/84 - 6/87

CAREER-RELATED ACTIVITIES:

Member, DNP Committees, for Case Western Reserve University, Frances Payne Bolton School Of Nursing: 2007-present

Coordinator, Parish Nurse Organization, The Federated Church, Chagrin Falls, OH 8/97 – 1/2007

SELECTED CONSULTATIONS/PRESENTATIONS:

Contributor to a White Paper, “Integration of Insights about the Human Perception of Comfort,” for Magna Corporation, a leader in specialized automotive seating, January 2018.. Recruited by Idea Connection.

Included in “The Nurse Theorists: Portraits of Excellence,” Volume 3 (2017). A Fitney Production. Available online at <fitne.net>

Kolcaba, K. (2015). “Comfort Theory and Your Quest for Magnet Status.”
At Cartersville Medical Center, Cartersville, GA.

Kolcaba, K. (2014). “Using Comfort Theory for Research and Practice.” Dayton Area VA Medical System, Dayton, OH, June, 2014.

Kolcaba, K. (2014). “Comfort Theory: A Perfect Fit for the VA Health Care System.”
Columbus, OH for regional meeting, Feb. 2014

Kolcaba, K. (2012 and 2013). “Comfort Theory as a Framework for Care at Saginaw VA Medical System.”

Kolcaba, K. (2012). “Cruising into Nursing Research.” The Louis Stokes Cleveland Department of VA Medical Center, September 21.

Kolcaba, K. (2012). “A Model for Care, Culture, and Consumers at Atlanta Medical Center.” Atlanta, Georgia, May 24.

Kolcaba, K. (2012). “Magnet Status: We Need a What and Why?” Miami Children’s Hospital, March 21, 2012.

Kolcaba, K. (2011). “Taking Care of Self While Taking Care of Others.” Mariners’ Hospital, Homestead Hospital, and Doctors Hospital, all in South Florida. November 29, 30, & 31.

Kolcaba, K. (2011). “Envisioning Comfort in Your Ambulatory Care Practice to the Kaiser Permanente Nursing Model.” East Coast Summit, Kaiser Permanente Health System. April 21, Washington DC.

Kolcaba, K. (2011). "Comfort Theory and Research: Back to the Future... With Some Twists." Sigma Theta Tau Research Day, University of Tennessee College of Nursing, April 5.

Kolcaba, K. (2011). "The Art and Science of Comfort." Keynote speaker at the Southern Ohio Northern Kentucky (SONK) STT Consortium Annual Conference. February 4.

Kolcaba, K. (2010). "The Contribution of Comfort to the Kaiser Permanente Nursing Model." Webinar presentation to nurse leaders at Kaiser Permanente Health System. Feb. 17. Live presentation to Summit of Nursing Leaders, April 29, 2010.

Kolcaba, K. (2009). "Interdisciplinary Contributions to Patient and Family Comfort" at Mount Sinai Medical Center. New York, New York. Sept. 10, 11, & 12.

Kolcaba, K. (2009). "Care that Comforts: Back to the Future." Keynote speaker at the bi-annual nursing research day at Wright State University. Sponsored by Greater Dayton Nursing Research Association. Feb. 3.

Kolcaba, K. (2009). "Progress and Future Planning for Comfort at Kaiser Permanente, San Francisco." San Francisco, CA, February 11, 12, & 13.

Kolcaba, K. (2009). "Comfort in Perianesthesia Nursing." Keynote speaker at the annual Milwaukee area Peri-Anesthesia Nursing Conference. May 13.

Kolcaba, K. (2009). "Introduction to Comfort Theory" at Mount Sinai Medical Center. New York, New York. July 10, 11, & 12..

Kolcaba, K. & Killeen, M. & (2008). "Explicating the NANDA Diagnosis of Impaired Holistic Comfort." Presented at the bi-annual NANDA conference in Miami, FL. November 10.

Kolcaba, K. (2008). "Creating a Culture of Comfort at Kaiser Permanente, San Francisco." San Francisco, CA, February 5, 6, & 7.

Kolcaba, K. (2008). "Implementation of Comfort Theory at Mount Sinai Medical Center." New York, New York. Sept. 23, 24, & 25. .

Kolcaba, K. (2007). "Providing Comfort in MICU and SICU: Difficult Choices." Ohio State University Medical Center, Pulmonary and Critical care Medicine, Columbus, OH. May 22nd.

Kolcaba, K, Di Marco, M, & Farrar, M. (2007). "Utilization of Comfort Theory in Different Pediatric Settings. To Children's Hospital, Ohio State Medical Center, Columbus, OH. May 15th.

SELECTED PUBLICATIONS

(one full book of my own, book chapters, web site, and articles):

- Estridge, K., Morris, D., Kolcaba, K., & Winkleman, C. (2018). Comfort and fluid retention in adult patients receiving hemodialysis. *Nephrology Nursing Journal*, 45(1), 25-33.
- Boudiab, L. & Kolcaba, K. (2015). Comfort theory: Unraveling the complexities of Veterans' health care needs. *Advances in Nursing Science*, (38) 4, 270-278.
- Parks, M., Morris, D., Kolcaba, K., & McDonald, P. (2015). An evaluation of patient comfort during acute psychiatric hospitalization. *Perspectives in Psychiatric Care*. DOI: 10.1111/ppc.12134.
- Paiva, R., de Carvalho, A., Kolcaba, K., & Paiva, C. (2015). Validation of the holistic comfort questionnaire- caregiver in Portuguese- Brazil in a cohort of informal caregivers of palliative care cancer patients. *Supportive Care in Cancer*, 23(2). DOI 10.1007/s00520-014-2370-5.
- Parks, M., Morris, D., Kolcaba, K., & McDonald. (2015). An evaluation of patient comfort during acute psychiatric hospitalization. *Perspectives in Psychiatric Care*, DOI 10:1111/ppc.12134.
- Maeboubeh, R. & Kolcaba, K. (2014). Comfort and hope in perianesthesia nursing. *J of PeriAnesthesia Nsg*, 29(3), 213-220.
- Kolcaba, K. (2010, 2012 & 2015) Katharine Kolcaba's Comfort Theory. In M. Parker & M. Smith (Eds.). *Nursing Theories & Nursing Practice*. (3rd edition, P. 389-401).
- Kolcaba, K. (2010, 2012, 2015.) Impaired Comfort. In B. Ackley & G. Ladwig (Eds.). *Nursing Diagnosis Handbook: An evidence-based guide to planning care*. (9th edition, P. 222-225), (10th edition, P. 210-213).
- Kolcaba, K. & Kolcaba, R. (2010). Opening Theoretical Boxes: Driving Evidence Based Practice through Integrative Theorizing. In B. Neuman & F. Fawcett (Eds.), *The Neuman System Model* (5th edition). Upper Saddle River, NJ: Prentice-Hall.
- Kolcaba, K. & Dowd, T. (2010). Measurement tools: Comfort Touch. *Connections in Holistic Nursing Research*, 2 (2), 4-5.
- Kolcaba, K. (2010, 2008, 2004, 2013, 2017). "Comfort." Chapter in Middle Range Theories: Application to Nursing Research (& Bredow, Eds). Phila, PA: Lippincott Williams & Wilkins.

Kolcaba, K. & Mitzel, A. (2008). Two chapters: *Hand Massage; Simple Massage*. In A Clinical Guide to Evidence-Based Practice in Nursing (Ackley, Ladwig, Swan, & Tucker, Eds). Phila: Elsevier, Inc. (Invited). Pp. 402-407 504-508.

Kolcaba, K. (2010, 2007, 2003, 2014). The Theory of Comfort. Chapter in Middle Range Theories: Application to Nursing Research. Lippincott, Williams, & Wilkins. Pgs. 255-273. (Solicited by editors.) Book recommended by AACN for DNP students. 1st, 2nd, & 3rd editions.

Kolcaba, K. (2004). The Outcome of Comfort. In Moorhead, S., Johnson, M., & Mass, M. (2004). Nursing Outcomes Classification. St. Louis: Mosby, pg.228.

Kolcaba, K. (2003) *Comfort Theory and Practice: A Vision for Holistic Health Care and Research*. NY: Springer Publishing Company. [Translated into Japanese and published by Igaku-Shoin Ltd of Tokyo December, 2007.]

Kolcaba, K (2001) Comfort Interventions Linkages (NANDA, NIC, & NOC) in Johnson, M., Bulechek, G., Dochterman, J., Maas, M., & Moorhead, S. (eds) Nursing Diagnoses, Outcomes, & Interventions. St. Louis: Mosby, pg.221

Kolcaba, K. (2001). Chapter entitled “Kolcaba’s Theory of Comfort” in Core Concepts for Advanced Nursing Practice. St. Louis: Mosby Inc. 418-422.

Kolcaba, K. (2001). Holistic care: Is it feasible in today’s health care environment? In Nursing Leaders Speak Out, Feldman, H. (Ed.). Chapter 5, p. 49-54.

Kolcaba, K. (award-winning web site from Links2Go “Key Resource in Nursing Theories”, 2nd place. July, 2000.) www.TheComfortLine.com Responsible for updating and responding to e-mail inquiries from students and researchers, national and international.

Kolcaba, K. (2002 and 2005). Comfort. (Includes definition, theory of comfort, relevance to nursing, review of comfort studies, and future directions.) The Encyclopedia of Nursing Research. 1st, 2nd, and 3rd Editions, Springer Publishing.

Kolcaba, K., Tilton, C., & Drouin, C. (2006). Comfort Theory: A unifying framework to enhance the practice environment. Journal of Nursing Administration, 36 (11), 538-544.

Kolcaba, K., Schirm, V. & Steiner, R. (2006). Effects of Hand Massage on Comfort of Nursing Home Residents. Geriatric Nursing, 27 (2), 85-91.

Kolcaba, K. & DiMarco, M. (2005). Comfort Theory and Its Application to Pediatric Nursing. Pediatric Nursing, 31(3), 187-194.

Kolcaba, K., Dowd, T., Steiner, R. & Mitzel, A. (2004). Efficacy of hand massage for enhancing comfort of Hospice Patients. Journal of Hospice and Palliative Care, 6(2), 91-101.

Kolcaba, K. & Kolcaba, R. (2003). Fiduciary decision-making using comfort care. Philosophy in the Contemporary World, 10(1), 81-86.

Kolcaba, K. & Wilson, L. (2002). The framework of comfort care for Perianesthesia Nursing. Journal of Perianesthesia Nursing, 17(2), 102-114. With post-test for 1.2 contact hours. {Won journalism award.}

Kolcaba, K., Panno, J., & Holder, C. (2000) Acute care for elders (ACE): A holistic model for geriatric orthopaedic nursing care. Journal of Orthopaedic Nursing, 19(6), 53-60.

Kolcaba, K. & Fox, C. (1999). The effects of guided imagery on comfort of women with early-stage breast cancer going through radiation therapy. Oncology Nursing Forum, 26(1), 67- 71.

Apostolo, J. & Kolcaba, K. (2009). The effects of guided imagery on comfort, depression, anxiety, & stress of psychiatric inpatients with depressive disorders. Archives of Psychiatric Nursing, 23 (6), 403-411.

Dowd, T., Kolcaba, K., Steiner, R., Fashinpaur, D. (2007). Comparison of a healing touch, coaching, and a combined intervention on comfort and stress in younger college students. Holistic Nursing Practice, 21 (4), 194-202.

Seyedfatemi, N., Rafti, F., Rezaei, M., & Kolcaba, K. (2014). Comfort and hope in the preanesthesia stage in patients undergoing surgery. Journal of PeriAnesthesia Nursing, 29(3), 213-220.

Schuilng, K., Sampsel, C., & Kolcaba, K. (2011) Exploring the presence of comfort within the context of childbirth. In R. Bryar & S. Sinclair *Theory for midwifery practice* (2nd ed.). UK: Macmillan. (invited authors), 197-214.

Porter, C. A., Kolcaba, K., McNulty, S. R., & Fitzpatrick, J. J. (2010). The effect of a nursing labor management partnership on nurse turnover and satisfaction. Journal of Nursing Administration, 40(5), 205-210. Dowd, T. (2001, 2005, 2008, 2013, in press). *Katharine Kolcaba: Comfort Theory*. Chapter 24 In Nursing Theorists and Their Work (9th Ed.) Mosby Publishing. Chapter 24, pp. 430-442. Updated for 7th edition, in press.

Dowd, T. & Kolcaba, K. (2007) Two interventions to relieve stress in college students. AHNA Beginnings, Winter 2007.

Dowd, T., Kolcaba, K., & Steiner, R. (2006). Development of an instrument to measure holistic client comfort as an outcome of healing touch. Holistic Nursing Practice, 20, (3), 122-129.

Wagner, D., Byrne, M., & Kolcaba, K. (2006). Effect of Comfort Warming on Preoperative Patients. AORN Journal, 84(3), 1-13.

SELECTED AWARDS AND HONORS:

Distinguished Alumni Award, Frances Payne Bolton School of Nursing, CWRU. May, 2009

Distinguished Alumni Award , St. Luke's Hospital Alumni Association , Oct, 2007

Hall of Fame Designation, Mayfield High School Alumni Association, May, 2004

2005 Mary Hanna Journalism Second Place Award in the Best Practice Category by American Society of Perianesthesia Nurses, in recognition of the article by Wilson, L. & Kolcaba, K. (2004). Practical application of Comfort Theory in the perianesthesia setting. Journal of PeriAnesthesia Nursing. 19(3), 164-173. (Invited article)

Excellence in the Utilization of Nursing Research, award from Sigma Theta Tau, Delta Omega Chapter, May, 2003 and 2007 (with Dr. Therese Dowd).

2002 Mary Hanna Memorial Journalism First Place Award for American Society of Perianesthesia Nurses, March, 2003, in recognition of the article entitled *Comfort Care for Perianesthesia Nursing* by Kolcaba and Wilson (2002).

Advancement of Science Award from Midwest Nursing Research Society, End of Life and Palliative Care Nursing, March, 2003.

Award for Exceptional Curriculum in Undergraduate Gerontologic Nursing.

AACN/Hartford Institute for Geriatric Nursing, Washington, DC, 1999. [Leadership for curriculum development, "Nursing Care of Older Adults"]

SELECTED GRANTS:

Dowd T., Kolcaba, K., Fashinpaur, D., & Steiner, R. (2005). The Effects of Healing Touch and Coaching on Comfort and Stress in Young College Students. \$500.00, Sigma Theta Tau, Delta Omega Chapter.

Schirm, V., Dowd, T., Kolcaba, K., and Neff, D. (2001-2003). Administration of Aging, DHHS. \$503,370.00. Academic Nursing and Health Care Partnership for Best Practices: Development, Implementation, and Evaluation in Urinary Incontinence and End of Life Care.

Schirm, V. & Kolcaba, K. (2001-2002). Bureau of Health Professionals/Health Resources & Services Administration/DHHS. \$25,000. "Web Enhanced Course for Nursing Experiences in Long Term Care."

Dowd, T., Kolcaba, K., & Steiner, R. (1999). Kidney Foundation of Ohio, Cleveland, OH. \$10,000. "The Addition of Coaching to Cognitive Strategies: Interventions for Persons with Urinary Incontinence."

CURRENT PROFESSIONAL MEMBERSHIPS:

American Nurses Association, Portage & Summit County District 1987-present

Frances Payne Bolton School of Nursing Alumni Association 1986-present

AVOCATIONS: Grandchildren and Family, Hiking, Traveling,
Photography, Gardening, Reading