



CV

Zlatina Lecheva Georgieva

Personal information:

1. Year of birth:01.04.1959
2. Place of birth:Bulgaria, Prosenik
3. Family status:married

Education

Name of College or University	City and state/Country	Title of Degree(s) received or expected: A.S., B.S., M.S., PhD	Year Degree received or expected
Medical Institute /Medical College/	Burgas	Specialist nurse	1981
University "Paisii Hilendarski"	Plovdiv	M.S. Biology, Chemistry	1989
Medical University	Plovdiv	M.S. Public health and Health management	2016
Medical University	Varna	PhD Management of Public Health	2018

Professional experience:

Year	City/ State	Organization or company	Job title
1981-1996	Burgas/Bulgaria	General Hospital Intensive Ward of Heart diseases	Nurse
1996- at present	Burgas/Bulgaria	"Prof. dr. Assen Zlatarov" University	Head Assistant Professor

Language skills

2010 English - B2 certificate (Project increasing qualification of the teachers in the higher education institutions)

1973 -1978 German high school

Areas of research interests

Stress and burnout syndrome, Intensive health care, Practical education of health care, Psychiatric health care, Palliative health care, Patient's education

Membership of professional bodies

Member of Bulgarian Association of Healthcare Professionals

Selected publications

1. **Lecheva ZI.** Study of occupational stress and burnout syndrome in nurses in Bulgaria. Management and Education, 2019.
2. Stefanova, P. **ZI. Lecheva,** Assessment of quality of life in women with cancer. New Industries, Digital Economy, Society - Projections of the Future. 10/25/2019.
3. **ZI. Lecheva, L. Georgieva,** Connection between occupational stress and burnout syndrome among nurses. Management and education. 2018; XIV (1): 39-42.
4. **Lecheva, ZI.** Strategic Guidelines for Prevention of Occupational Stress among Healthcare Professionals. Knowledge – International Journal. 2018; 21.4: 1925-1929.
5. **Lecheva ZI., M. Stoycheva, L. Georgieva.** Professional Stress Adaptation of the “Nursing” and “Medical Rehabilitation and Ergotherapy” Students in “Prof. dr. Asen Zlatarov” University – Burgas, Republic of Bulgaria. The Power of Knowledge – International Journal. 2017; Vol. 20.4: 1565 - 1572.
6. **Lecheva ZI., L. Georgieva, M. Stoycheva.** Theoretical foundations of occupational stress and burnout syndrome. Social medicine. 2017; 1:33-35.
7. **Lecheva ZI., G. Terzieva, V. Gogova.** Theoretical – practical Aspects of Education in Nursing Care for Mentally ill Patients. Annual of Assen Zlatarov University, Burgas, Bulgaria. 2017; XLVI/2: 130-133.
8. **Lecheva ZI., L. Georgieva,** Overcoming occupational Stress in the Perspective of Nursing of Management Position. The Power of Knowledge – International Journal. 2017; Vol. 20.4: 1925-1929.
9. Lecheva ZI. Aging and Microbiota. II. International Congress Health science medicine Tekirdag, Turkey. 2018. **Lecheva, ZI,** Prevention and control of stress and burnout syndrome among nurses. Management and Education, 2016: 12/5: 99-106.
10. **Lecheva, ZI., K. Popova,** State of nursing in the children's public healthcare. Sestrinsko delo (Information for nursing staff). 2016; XLVIII/1:29-34.
11. Popova, K., **ZI. Lecheva,** Standards in kindergarten and school healthcare and challenges for contemporary nurse. KNOWLEDGE – International Journal Scientific and Applicative papers, 2015; 8/2:225-230.

12. **Lecheva Zl.**, Burn out syndrome among psychiatric nurses. Management and Education. 2014:X (1): 61-67.
13. **Lecheva, Zl.** Burn out Syndrome among Hospital Nurses in South-eastern Region of Bulgaria - Prevention and Management. International Journal Knowledge, 2014: 434-438
14. Popova, K., **Zl. Lecheva**, Student's Motivation to Apply Culturally Responsive Health Care. Annual Assen Zlatarov University, Burgas, 2014;XLIII/2: 222-226.
15. **Lecheva, Zl.** Factors Causing Occupational Stress in Nurses. Management and Education 2013;9/5:38-45.
16. **Lecheva, Zl.** Professional Burnout in Nursing - Factor for Patient Satisfaction of Health Care. Health management – science, practice, art, 2013; 4(50):58-62.
17. **Lecheva, Zl.** Contradictions between Professional Requirements and Social Status of Nurses, acad.j. Management and Education, 2012;8/ 3:130-135.
18. Terzieva, G, **Zl. Lecheva**, K.Popova, Innovatory methodical aspects of quality improvement in the practical preparation of the students in nursing specialty. Scripta Scientifica Medica, 2011
19. **Lecheva Zl.**, K.Popova, Challenges for the teachers in the health care in modern nursing education, Public health in 21 - century, MU-Pleven, 2010, vol.2, pp 469-472
20. Popova K., **Zl. Lecheva**, Formation and assimilation of pedagogical function of nurses during the studying and training of students in specialty “nurse”. Management and Education, vol VI/4/ , 2010, Burgas, pp 318-322

Methodical manuals:

1. **Zl. Lecheva**, Stefanova P, Practical guide of nursing care for patients with oncological diseases. Baltika 2002. 2020.
2. **Zl. Lecheva**, J. Gavrailov, St. Shopova, Prevention of occupational stress among health professionals. Training methodical guide. FLAT - Burgas. 2018.
2. Terzieva D., D. Kostadinov, **Zl. Lecheva**, Practical fundamentals of nursing (Methodical manual, II part) Nursing care for eye and ear, nose and throat diseases, Chapter III, Nursing care for patients in emergency. Prof. dr. Ass. Zlatarov University, 2015.
3. Baltadjiev G., D. Radev , At. Arnaudov, G. Terzieva, D. Kostadinov, K. Popova, **Zl. Lecheva** Practical fundamentals of nursing (Methodological guidance - I part), Chapter VII, Nursing care for mentally patients. Prof. dr. Ass. Zlatarov University, 2011.

Place of work: Bulgaria, Burgas, Prof.Assen Zlatarov University, Faculty of Public Health and Health Care, Department of Healt Care .